RETURNED SOLDIER'S HANDBOOK

Contains Valuable Information and Tells You Where to Get More.

Issued by Department of Public Information for

THE REPATRIATION COMMITTEE.

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HANDBOOK FOR RETURNING SOLDIERS.

I. ON DOCK AND TRAIN

Immediately upon your arrival in port, the Officer Commanding wires a list to the Returned Soldiers' Commission in each Province who do everything to notify your relatives. This Commission also sees that you are given a fitting welcome at your destination. The leading papers throughout Canada are also notified from port of your arrival, and they publish the name and address of your next of kin wherever possible. The hour and time of arrival at your destination is also wired by the Military and Railway authorities, and everything possible is done to have your relatives there to meet you.

AT MONTREAL.

In passing through Montreal THE KHAKI CLUB provides for you at the station free tea and coffee and recreation. SEE SECTION 7 FOR LIST OF HOSTELS.

If you are remaining any time in Montreal, the NOTICE BOARD in the WINDSOR STATION gives you the location of the KHAKI CLUB, and of the RED TRIANGLE CLUB, both located near the Station. Beds, writing-rooms, restaurants and entertainment are provided in each of these Clubs.

ADDRESSES OF SECRETARIES OF PROVINCIAL RETURNED SOLDIER COMMISSIONS.

HALIFAX, N.S.	**197 Hollis St.**
ST. JOHN, N.B.	**49 Canterbury St.**
CHARLOTTE-TOWN, P.E.I.	**Parliament Bldgs.**
MONTREAL, P.Q.	**294 St. Catherine St. East.**
TORONTO, Ont.	**116 College St.**
WINNIPEG, Man.	**Bulman Block, 218 Bannatyne Ave.**
REGINA, Sask.	**906 McCallum-Hill Building.**
SASKATOON, Sask.	**178 Third Ave. S.**
EDMONTON, Alta.	**Qu'Appelle Block.**
CALGARY, Alta.	**Centre Street.**
VANCOUVER, B.C.	**1140 Pender St. W.**
VICTORIA, B.C.	**Parliament Bldgs.**

II. AT THE DISPERSAL STATION

You will receive:

(1) YOUR UNIFORM AND STEEL HELMET

(2) PAY

(3) SERVICE BUTTON

(4) DISCHARGE CERTIFICATE

(5) A TICKET TO YOUR HOME.

PAY.

From the Paymaster you will receive—

(*a*) Back Pay

(*b*) Clothing Allowance, $35.00.

(*c*) One Month's War Service Gratuity.

WAR SERVICE GRATUITY.

If you have dependents you will receive $100. per month. If you have no dependents you will receive $70. per month.

If you were on the strength on Nov. 11, 1918, and are discharged after that date, or if you were discharged before that date, having served at the front in an actual theatre of war, you will be entitled, unless

disqualified by misconduct, etc., to War Service Gratuity, for—

(*a*) SIX MONTHS, if you have been on active service in the C. E. F. for THREE YEARS, any part of which service was overseas.

(*b*) FIVE MONTHS, if you have been on active service in the C. E. F. for TWO YEARS and under THREE YEARS, any part of which service was overseas.

(*c*) FOUR MONTHS, if you have been on active service in the C. E. F. for ONE YEAR and under TWO YEARS, any part of which service was overseas.

(*d*) THREE MONTHS, if you have been on active service in the C. E. F. for less than ONE YEAR, any part of which service was overseas.

If you were on the strength on Nov. 11, 1918, and are discharged after that date, and no part of your service has been overseas, you will be entitled, unless disqualified by mis-conduct, etc., to War Service Gratuity for—

(*a*) THREE MONTHS, if you have been on active service in any Canadian Land Force for THREE YEARS or over.

(*b*) TWO MONTHS, if you have been on active service in any Canadian Land Force for TWO YEARS and under THREE YEARS.

(*c*) ONE MONTH, if you have been on active service in any Canadian Land Force for ONE YEAR and under TWO YEARS.

If you were discharged before Nov. 11, 1918, and have not served at the front in any actual theatre of war, Post Discharge Pay regulations will apply in your case.

Any Post Discharge Pay which you have received will be deducted from the amount of War Service Gratuity payable to you.

For further information you should write or see the PAYMASTER of the MILITARY DISTRICT in which you are discharged.

SERVICE BUTTON.

Class "A" Badge is given to those who have seen active service at the front in the present war, and have been honorably discharged, or have been returned to and retained in Canada on duty. It is not necessary to have been struck off the strength to receive this badge.

All entitled to Class "A" Badge who are honorably retired or discharged as permanently unfit for further service, are also entitled to Class "B" Badge.

Class "B" Badge is given to anyone who has seen active service at the front in the present war, and also to those who have served in England only and who have been honorably discharged or retired on account of old age or sickness.

There is no badge issued to those who have served in England only and who are returned and discharged upon "Demobilization." In order to be eligible for award of Class "B" Badge, discharge certificate must read, "Medically Unfit".

Class "C" Badge is issued to those who have been in the C. E. F. at least three months and who have served in Canada or in Bermuda and who have been honorably discharged on account of old age, injuries or sickness.

Men from Imperial Forces are entitled to Imperial Badges only.

If you have not received your service badge, write the OFFICER I/C WAR BADGES of your District.

III. AFTER DISCHARGE

The Soldiers' Civil Re-Establishment Department has offices in charge of returned men in the cities listed below:

At each of these offices there is—

(1) A DISTRICT VOCATIONAL OFFICER

(2) AN ASSISTANT MEDICAL DIRECTOR

(3) AN ASSISTANT DIRECTOR.

All questions pertaining to—

(*a*) VOCATIONAL TRAINING or INDUSTRIAL RE - EDUCATION, should be addressed to the DISTRICT VOCATIONAL OFFICER there.

(*b*) MEDICAL TREATMENT should be addressed to the ASSISTANT MEDICAL DIRECTOR.

(*c*) BUSINESS MATTERS and questions regarding pay while on the strength of this Department, should be addressed to the ASSISTANT DIRECTOR.

LIST OF OFFICES

Unit	
"A"	Drummond Building, MONTREAL, Que.
"B"	Leith House, HALIFAX, N.S.
"C"	Golden Lion Block, KINGSTON, Ont.
"D"	185 Spadina Ave., TORONTO, Ont.
"E"	Langlois Block, QUEBEC, Que.
"F"	Convalescent Hospital, GUELPH, Ont.
"G"	Notre Dame Investment Building, WINNIPEG, Man.

"H" McCallum-Hill Bldg., REGINA, Sask.

"I" Beveridge Block, CALGARY, Alta.

"J" Board of Trade Building, VANCOUVER, B.C.

"K" Royal Bank Building, FREDERICTON, N.B.

There are also offices at—

QUEBEC, QUE.
R.Q.M.S. MacLean, A.,
Langlois-Paradis Bldg.

HAMILTON, ONT.
A. W. Crawford,
Clyde Block.

LONDON, ONT.
Lieut. H. D. Robertson,
London Technical School.

EDMONTON, ALTA.
Lieut. H. Higginbotham,
Whyte Block.

SASKATOON, SASK.
Y.M.C.A. Building.

VICTORIA, B.C.
Lieut. G. A. Watson,
Central Building.

MEDICAL TREATMENT

Honourably discharged members of the Canadian naval and military forces, suffering recurrence of disability due to military service, may obtain free medical or surgical treatment, appliances and hospital care for such disability by applying to the DIRECTOR OF MEDICAL SERVICES OF THE DEPARTMENT OF SOLDIERS' CIVIL RE-ESTABLISHMENT, or to one of the UNIT MEDICAL DIRECTORS.

YOU ARE A CIVILIAN WHILE ON THE STRENGTH OF THIS DEPARTMENT, AND WHEN YOUR TREATMENT IS FINISHED YOU ARE DISCHARGED WITHOUT ANY FURTHER FORMALITY.

In emergency illness, you should apply to a local medical practitioner and instruct him to communicate with the nearest S. C. R. medical officer.

The Department cannot accept responsibility for unauthorized bills for medical services, hence is publishing herewith a

complete list of S. C. R. medical staff for the information of discharged men:

DIRECTOR OF MEDICAL SERVICES:
Lieut.-Colonel F. McKelvey Bell.

DEPUTY DIRECTOR OF MEDICAL SERVICES
Dr. J. G. Cunningham.

S. C. R. MEDICAL STAFF:

PRINCE EDWARD ISLAND	
Charlottetown	Dr. Alex. Ross.
NOVA SCOTIA	
Halifax	Dr. Dugald Stewart, Leith House, Hollis St.
Sydney	Dr. Jas. Bruce.
NEW BRUNSWICK	
Fredericton	Dr. C. MacKay, Royal Bank Bldg.
St. John	Dr. G. P. Peat, Bank of Montreal Bldg.
QUEBEC	
Montreal	Dr. A. E. Lundon, 301 Drummond Bldg.
Quebec	Dr. A. R. F. Hubbard 17 St. James St.
ONTARIO	
Arnprior	Dr. A. E. Jamieson.
Bancroft	Dr. A. T. Embury.
Barrie	Dr. W. A. Lewis,

Belleville	Dr. R. W. Tennant.
Brantford	Dr. C. C. Fissette.
Brockville	Dr. E. J. F. Williams.
Chatham	Dr. R. V. Bray.
Cobourg	Dr. D. E. Wilkins.
Collingwood	Dr. D. McKay.
Cornwall	Dr. R. M. Nichol.
Fort William	Dr. A. J. Manion.
Gananoque	Dr. J. J. Davis,
Goderich	Dr. A. T. Emmerson.
Haileybury	Dr. F. F. Jackson.
Hamilton	Dr. W. Bethune, 300 Clyde Block.
Kingston	Dr. E. E. Latta, Golden Lion Block.
Lindsay	Dr. J. A. White.
London	Dr. N. B. Alexander, 473 Park Ave.
Mattawa	Dr. M. James.
Midland	Dr. T. H. Johnson.
North Bay	Dr. W. J. Bell.
Orillia	Dr. W. C. Gilchrist.
Ottawa	Dr. H. P. Douglas, 22 Vittoria St.
Owen Sound	Dr. T. H. Middleboro.
Paris	Dr. W. J. H. Gould.
Peterborough	Dr. E. H. Wood.
Picton	Dr. G. A. Publow.

ONTARIO—Continued.

Port Hope	Dr. A. F. Forrest.
St. Catherines	Dr. Sheahan.
Sault Ste. Marie	Dr. A. A. Shepard, 746 Queen St. E.
Stratford	Dr. L. Robertson, 55 Albert St.
Sudbury	Dr. W. G. Cook.
Timmins	Dr. H. H. Moore.
Toronto	Dr. E. Ryan, 185 Spadina Ave.
Verona	Dr. W. J. Geddes.
Welland	Dr. W. R. McCulloch.
Windsor	Dr. Cruikshanks, 14 Labelle Bldg.
Windsor	Dr. C. Fuller, 1 Wyandotte St. W.
Woodstock	Dr. S. McM. McLay.

MANITOBA

Winnipeg	Dr. K. McIvor, Notre Dame Investment Bldg.

SASKATCHEWAN

North Battleford	Dr. J. H. Jackson.
Prince Albert	Dr. R. L. King,
Regina	Dr. W. C. Arnold, McCallum Hill Bldg.
Saskatoon	Dr. D. S. Creighton.

ALBERTA

Calgary	Dr. G. R. Johnson, Beveridge Bldg.
Edmonton	Dr. G. G. Stewart, 410 McLeod Bldg.
Lethbridge	Dr. G. W. Leech, 109 Shirlock Block.
Medicine Hat	Dr. O. Boyd.

BRITISH COLUMBIA

Vancouver	Dr. A. P. Proctor, Board of Trade Bldg.
Victoria	Dr. C. O. Holmes, 2559 Quadra St.

IV. PENSIONS

A pension is not a gift, gratuity or reward for service done. It is compensation paid for physical disability suffered through the war.

Any soldier or sailor disabled during his service is entitled to a pension, provided medical treatment fails to restore his full normal capacity.

A widow of a soldier or sailor is entitled to pension so long as she does not marry again.

Children are entitled to pensions up to the age of sixteen years, if boys; or seventeen years, if girls.

DISTRICT OFFICES

These offices exist for the purpose of providing every possible assistance in ALL MATTERS RELATING TO PENSIONS.

You will be received with courteous consideration, and no effort will be spared to obtain for you every possible satisfaction in the clearing up of your difficulties.

CALGARY, Alta., 504 Herald Bldg.
EDMONTON, Alta., 312 McLeod Block
HALIFAX, N.S., 405 Dennis Block
HAMILTON, Ont., Bell Telephone Bldg.
KINGSTON, Ont., 81 Brock St.
LONDON, Ont., 53 Bank of Toronto Building.
MONTREAL, Que., 306 Drummond Building.
OTTAWA, Ont., 11 Carleton Chambers
QUEBEC, Que., 500 Merger Bldg.

REGINA, Sask., 713 McCallum-Hill Building

ST. JOHN, N.B., 43 Canada Life Bldg.

SASKATOON, Sask., 703 Canada Bldg.

TORONTO, Ont., Room 506, 59 Yonge Street

VANCOUVER, B.C., 311 Rogers Bldg.

VICTORIA, B.C., 504 Union Bank Bldg.

WINNIPEG, Man., 702 Notre Dame Investment Bldg.

LONDON, Eng. (British Branch), 103 Oxford St., W. I.

VISITOR:

C. R. SMALLWOOD, 140 Richmond St., Charlottetown, P.E.I.

V. EMPLOYMENT

The Labour Department is establishing a Government Employment Office in each centre of over 10,000 population. Employers are using these offices. They will nearly all be in operation by the end of

January. Some of the addresses are given below. You can obtain the address of the nearest Employment Office at the Dispersal Station.

In each of these offices there will be a returned man to see that you are given every attention.

LIST OF EXISTING AND PROPOSED PROVINCIAL EMPLOYMENT OFFICES:

PRINCE EDWARD ISLAND

Charlottetown

NOVA SCOTIA

Amherst
Glace Bay
Halifax
New Glasgow
Sydney
Truro

NEW BRUNSWICK

Bathurst
Fredericton
Moncton
Newcastle
St. John

QUEBEC

Chicoutimi	
Montreal	8 St. James St.
Quebec	83 Rue Du Pont.
St. Hyacinthe	
Sherbrooke	16 King St.
Three Rivers	

ONTARIO

Brantford	136 Dalhousie St.
Chatham	
Fort William	300 Victoria Ave.
Galt	
Guelph	
Hamilton	87 James St. N.
Kingston	22 Market St.
Kitchener	55 King St. W.
London	106 Dundas St.
Ottawa	139 Queen St.
Peterboro	
Port Arthur	193 Park St.
St. Catherines	
St. Thomas	53 Gladstone Ave.
Sault Ste. Marie	
Stratford	
Sudbury	Station St.
Toronto	15 King St. E. 122 Front St. W.
Walkerville	87 Argyle Road.
Windsor	

MANITOBA

Brandon	
Dauphin	
Portage la Prairie	
Souris	
The Pas	
Winnipeg	216 Ballantyne St.

SASKATCHEWAN

Moose Jaw	Walter Scott Bldg.
Prince Albert	
Regina	1641 Broad St.
Saskatoon	
Swift Current	
Weyburn	
Yorkton	

ALBERTA

Calgary	706A Centre St.
Edmonton	First Street.
Lethbridge	Hull Block.
Medicine Hat	Quebec Bank Bldg.
Red Deer	

BRITISH COLUMBIA

Fernie	
Nanaimo	
Nelson	
New Westminster	
Prince Rupert	
Vancouver	
Victoria	140 Cordova St. W.

VI. LAND SETTLEMENT

If you are interested in Land Grants and Loans under the Soldiers' Land Settlement Act, you should apply to the Provincial Representative of the SOLDIER SETTLEMENT BOARD.

The Representatives in the different Provinces are as follows:

PRINCE EDWARD ISLAND

Murdock McKinnon,
Minister of Agriculture,
CHARLOTTETOWN, P.E.I.

NOVA SCOTIA

W. B. MacCoy,
Secretary, N. S. Returned
Soldiers' Commission,
HALIFAX, N.S.

NEW BRUNSWICK

Wm. Kerr,
Secretary,
Farm Settlement Board,
ST. JOHN, N.B.

QUEBEC

Lieut.-Col. B. F. Campbell,
Drummond Building,
MONTREAL, QUE.

ONTARIO

W. M. Jones,
32 Adelaide St. East,
TORONTO, ONT.

MANITOBA

D. W. Campbell,
Post Office Building,
WINNIPEG, MAN.

SASKATCHEWAN

Lieut. S. F. Dunlop,
809 McCallum-Hill Building,
REGINA, SASK.

ALBERTA

Major F. W. W.Fane,
403 Post Office Building,
EDMONTON, ALTA.

(over)

BRITISH COLUMBIA

J. J. Threlkeld,
Pemberton Building,
VICTORIA, B.C.

VII. PLACES TO STAY

The Y. M. C. A. maintains RED TRIANGLE HUTS in all the principal centres.

On your discharge the Y.M.C.A. gives you free of charge a six months' membership ticket, dating from your discharge.

SALVATION ARMY HOSTELS are open to all service men, active or returned, in or out of uniform. Beds are available from Thirty Cents up. Meals and refreshments are supplied at reasonable rates. The use of Rest, Correspondence and Lounge Rooms is free. Writing materials provided.

THE KNIGHTS OF COLUMBUS have hostels and clubs at various cities.

ADDRESSES OF HOSTELS

HALIFAX—Y.M.C.A. Hostel, Barrington Street.

ST. JOHN—Y. M. C. A. Red Triangle Hut, Exhibition Grounds.

QUEBEC—Y.M.C.A. Red Triangle Hut, St. John St.

Salvation Army Hostel, 16 Palace Hill (Rest room only).

MONTREAL—Y.M.C.A. Red Triangle Hut, Dominion Square (Near Windsor St. Station).

Khaki Club, 669 Dorchester Street West. (Ten days' hospitality free —after which a charge of 25c. beds, and 25c. meals).

Knights of Columbus Army Hut, 533 Phillips Square.

TORONTO—Y. M. C. A. Red Triangle Hut, 105 Victoria St.

Salvation Army Hostel, Cor. King and Church Streets.

Knights of Columbus, Arlington Hotel, Cor. King and John Sts.

HAMILTON—Knights of Columbus Army Hut, Gould Hall, James St.

KINGSTON—Salvation Army Hostel, King and Clarence Sts.

LONDON—Salvation Army Hostel, York and Clarence Sts.

Knights of Columbus, St. Peter's Parish Hall, Richmond St.

WINNIPEG—Y.M.C.A. Red Triangle Hut, Main St.

Salvation Army Hostel, Logan Ave. E. (near Main St.)

REGINA—Y.M.C.A. Red Triangle Hut, Hamilton St.

VANCOUVER—Y.M.C.A. Red Triangle Hut.

Salvation Army Hostel, Gore Ave. (Naval and Military.)

VIII. SOCIAL ARRANGEMENTS

You will find in all the centres of Canada, branches of the G.W.V.A., which are organized by and composed of your comrades. These branches vary, but they usually contain club-rooms or meeting-places and recreation rooms, and they can assist you by giving information as to where you may obtain your pension, information as to land settlement, employment, etc.

There are some 163 branches throughout Canada. The Dominion Headquarters of the Association is 46 Citizen Building, Ottawa. The Provincial Secretaries are as follows:

NOVA SCOTIA—H. F. Hamilton, Moxham Military Hospital, Sydney, N.S.

NEW BRUNSWICK—O. J. Lawson, P.O. Box 212, Campbellton, N.B.

ONTARIO—W. E. Turley, 907 Kent Building, Toronto, Ont.

SASKATCHEWAN—C. G. MacNeil, McCallum-Hill Bldg., Regina.

ALBERTA—J. W. Mitchell, 110 7th Ave. E., Calgary, Alta.

BRITISH COLUMBIA—W. J. Bartlett, P.O. Box 20, Vancouver, B.C.

WINNIPEG BRANCH—F. W. Law, London Block, Main St.

There are also branches of the Army and Navy Veterans' Association in many cities.

THERE IS NO QUICKER AND SURER WAY OF TAKING UP AGAIN CIVILIAN LIFE AND THOUGHT THAN BY RE-ENTERING ONCE MORE ALL YOUR OLD

HAUNTS AND ASSOCIATIONS—AND BRINGING YOUR COMRADES WITH YOU. RE-ATTACH YOURSELF TO CHURCH AND FRATERNAL ASSOCIATIONS, ETC. REJOIN ATHLETIC ASSOCIATIONS AND PLAY FOOTBALL, BASEBALL, ETC.

IX. YOUR DEPENDENTS

Your wife or family returning from overseas is met at the port of Halifax or St. John by Local Welcome Committees, who have provided comfortable rest rooms, where lunch may be obtained, babies bathed, and many other comforts secured. Women in need of financial assistance or warmer clothing are looked after by the Patriotic Fund. Women and children are assisted to their trains by members of Committees. On each train carrying unaccompanied women there is one or more Red Cross Nurses with clerical assistants. At the point of arrival they are met by Reception Committees, most of whom are under the

direction of the Patriotic Fund, when they are taken to their homes in motors provided by the Rotary Clubs. Those requiring temporary accommodation are taken to comfortable hostels.

Women travelling alone are asked to appeal for help to any persons wearing white armlets with the words "Canadian Patriotic Fund" in red, or the Travellers' Aid Badge of the Y.W.C.A., the brassard of the Red Cross, or members of the Salvation Army.